

# Opioid Metabolizing Enzyme Allele Frequencies and Drug Use in a Cohort of African American Young Adults

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#### Abstract

**Background:** The current opioid epidemic has become a top priority of our national research institutions. Medication assisted therapy (MAT) is an effective treatment for opioid use disorder (OUD). The use of pharmacogenetic testing to guide dosing of medications for OUD has been reported to improve MAT outcomes. The population used to develop pharmacogenetic panels lacked diversity. We determined functional variants in opioid metabolizing enzymes and tested for association with drug use in a cohort of African American young adults.

**Participants and Methods:** We genotyped four SNPs in CYP2B6, CYP2D6, and CYP3A4 in a cohort of 575 African American young adults and tested for association with drug use by logistic and linear regression.

**Results:** The CYP2D6\*17 allele (rs28371706) is associated with other drug use(OR = 7.90, 95% CI:1.05-59.22, p=0.05968) and the CYP2D6\*29 (rs59421388) allele is associated with other drug use over the past thirty days under the dominant(p = 0.0008681), co dominant (p = 0.0046255), and over-dominant (p = 0.0042272) models.

**Conclusion:** In this cohort, use other of drugs like heroin, LSD, PCP, and MDMA may be associated with the CYP2D6\*17 and CYP2D6\*29 alleles. Additional study is needed to further explore these findings.

Keywords: Pharmacogenetics, opioids, addiction, African Americans

**Abbreviations:** ATOD: alcohol, tobacco and other drugs, BADU: Biological and Social Correlates of Drug Use in African American Emerging Adults, CDC: Centers for Disease Control, CYP: cytochrome P450, DME: drug metabolizing enzyme, DNA: deoxyribonucleic acid, FTQ: Family Tree Questionnaire, LSD: lysergic acid diethylamide, MAT: medication assisted therapy, MDMA: 3,4-Methylene dioxymethampheta mine, MIDARP: Minority Institutions' Drug Abuse Research Development Program, OR: odds ratio, OUD: opioid use disorder, PCP: phencyclidine, SNP: single nucleotide polymorphism, YRBS: Youth Risk Behavior Survey

#### **1. INTRODUCTION**

Opioid use disorder (OUD) carries a significant public health burden, with 12.5 million people reporting misuse of prescription pain relievers and over 300,000 people reporting heroin use in 2015 [1].The 200% increase in over dose deaths since 2000 has elevated opioid addiction to the epidemic level, as the leading cause of unintentional injury death in the US[2][3]. The recent drastic increase in overdose deaths has been attributed, in large part, to the relaxation of regulations on prescribing opioids for chronic non-cancer pain [2][4]. The rise in the number of opioid prescriptions and subsequent long-term use of opioids has significantly contributed to the problem with regards to increased access and use. Addiction is complex and Is defined a primary, chronic disease of brain reward, motivation, memory and related circuitry, dysfunction in which leads to characteristic biological, psychological, social and spiritual manifestations [5]. The reward pathway has been of interest with regards to the role of dopamine and dopamine receptors [6][7]. Pharmaco genomic (PGx) variation has also been hypothesized to play a role in the biology of addiction via the facilitation of tolerance [8].

Variants have been identified in all of the members of the CYP450 enzyme family genes [9][10][11][12][13][14]. However, the populations in which these variants were identified lacked diversity. African diaspora populations are known to have higher levels of genetic diversity than non-African populations [15][16]. The under representation of populations of African descent in early research on the CYP450 gene family has resulted in a deficiency of research on the full spectrum of functionally significant variation in drug metabolizing enzyme genes. There is a need for more comprehensive functional characterization of CYP450 gene variation that can only arise from increased study population diversity. We recently reported a case study on the use of PGx-guided buprenorphine dosing for medication assisted therapy (MAT) in OUD involving CYP3A4\*1B allele genotyping [17]. According to 1000 Genomes Project data, the variant allele (G) has a wide frequency distribution ranging from 0% in Chinese populations to up to 84% in West African populations.CYP3A4\*1B has been reported to dominantly confer an ultra rapid metabolize (UM)phenotype [17][18].In this study, we characterize allelic frequencies of known functional variants in opioid metabolizing CYP450 genes in a population of African American young adults and explore the relationship between these variants and drug use in the cohort.

# 2. MATERIALS & METHODS

## 2.1. Study population

This study stems from a parent project entitled "Biological and Social Correlates of Drug Use in African American Emerging Adults" (BADU). The BADU dataset is composed of 557 native-born African-American young adults aged 18-25recruited in Washington D.C from 2010 to 2012 and contains information on 274 females and 283 males.

# 2.2. Surveys

Data on family history of alcohol and drug use and study participant alcohol, tobacco, and other drug (ATOD) use were collected via the Family Tree Questionnaire (FTQ) and Centers for Disease Control (CDC) Youth Risk Behavior Survey (YRBS) instruments respectively. The drug use questions from these instruments are listed in appendix 1.Data from responses to all questions on drug and opioid use in these two surveys was analyzed.

# 2.3. Genotyping

Deoxyribonucleic acid (DNA) collected from participants was genotyped to test opioid drug metabolizing enzyme (DME) variants for association with drug use. Genotyping was performed using the Applied Bio systems 7900 HT Fast Real-Time PCR System. The drieddown DNA method was employed for sample preparation. Briefly, to each dried DNA sample, 2.5uL of 2X TaqMan® master mix, 0.25 uL of 20X assay uL working stock, and 2.25 uL of nuclease-free water were added for a total reaction volume of 5.0 uL according to the manufacturer's protocol. The genotyped SNPs listed in Table 1 were selected based on reported functional significance in populations of African descent. They were genotyped using TaqMan® Drug Metabolism Genotyping Assay numbers; C 60732328 20, C 2222771 40, C 348161 13 20, C 27859822 10, and C 30634202 10 which genotype SNPsrs 28399 499, rs28371706, rs59421388, rs4987161, and rs12721629 respectively.

Statistical Analysis: The association of other drug use and other drug use over the past 30 days with SNP genotype was analyzed by logistic and linear regression respectively using the SPSS and R statistical software programs [19][20]. For this study, the major allele found in people of African descent was considered the reference allele. For each SNP genotype the dominant, co-dominant, recessive and logadditive genetic models were tested. Confidence intervals (CIs) of 95% were set on the calculated odds ratios (ORs). Two sided Pvalues of < 0.05 were considered to be statistically significant. The adjustment for multiple comparisons was made using the Bonferroni test.

## 3. RESULTS & DISCUSSION

The observed frequencies of the opioid DME SNPs are also listed in Table 1.

		Reported MAF†	Observed			
Varient	rs#	Chr: pos	Alleles	AA	EA	MAF
CYP2B6*16	rs28399499	19:41012316	C/T	0.06%	0	0.05%
CYP2D6*17	rs28371706	22:42129770	G/A	0.17%	0	18%
CYP2D6*29	rs59421388	22:42127608	C/T	0.09%	0	10%
CYP3A4*12	rs12721629	7:99762177	A/G	0	0	0.05%

Table1. SNPs Genotyped with Reported and Observed Allele Frequencies in other drug users

The frequencies of the four alleles in our cohort was comparable to the frequencies reported by the SNP genotyping assay manufacturer. SNP rs28399499 is reported at frequencies of 0.08% and 0.12% in the 1000 Genome African (AFR) and HapMap Yoruba (YRI) populations respectively. We found an association between the *CYP2D6\*17*allele (rs28371706)and other drug (heroin, LSD, PCP, Ecstasy, etc.) use (OR = 7.90, 95% CI: 1.05-59.22, p=0.05968) under

the recessive model and between the *CYP2D6\*29allele* (rs59421388) and other drug use over the past 30 days under the dominant ( $\beta$  = 0.8462,*p* = 0.0008681, 95% CI: -1.262 - 0.4300), co dominant ( $\beta$  = 0.8462,*p* =0.00462 55,95% CI: -1.297 - -0.3953), and over dominant ( $\beta$  = 0.7857, *p* = 0.0042272,95% CI: -1.256 - -0.3152) models as shown in Tables 2 & 3 respectively

Table2. SNPrs28371706 Association with Other Drug Use

		Other drug Use							
	No	%	Yes	%	OR	Lower	Upper	p-value	A/C
Codominan	t								
G/G	106	66.2	14	63.6	1.00			0.16402	136.6
A/G	52	32.5	6	27.3	0.87	0.32	2.40		
A/A	2	1.2	2	9.1	7.57	0.99	58.09		
Dominant	•				•	•		•	
G/G	106	66.2	14	63.6	1.00			0.80921	138.1
A/G-A/A	54	33.8	8	36.4	1.12	0.44	2.84		
Recessive									
G/G-A/G	158	98.8	20	90.9	1.00			0.05968	134.7
A/A	2	1.2	2	9.1	7.90	1.05	59.22		
Over domin	ant								
G/G-A/A	108	67.5	16	72.7	1.00			0.61752	137.9
A/G	52	32.5	6	27.3	0.78	0.29	2.11		
log-Additiv	e		•		•	•		•	•
0,1,2	160	87.9	22	12.1	1.43	0.64	3.18	0.39144	137.5

 Table3. SNP rs59421388 Association with Other Drug Use in the Past 30 days

	Ν	Mean	Se	Dif	Lower	Upper	p- value	A/C	
Co dominant									
C/C	13	0.8462	0.1538	0.0000			0.0046255	31.00	
C/T	6	0.0000	0.0000	-0.8462	-1.297	-0.3953			
T/T	1	0.0000	0.0000	-0.8462	-1.794	0.1018			
	Dominant								
C/C	13	0.8462	0.1538	0.0000			0.0008681	29.00	
C/T-T/T	7	0.0000	0.0000	-0.8462	-1.262	-0.4300			
			I	Recessive					
C/C-C/T	19	0.5789	0.1393	0.0000			0.3648431	40.70	
T/T	1	0.0000	0.0000	-0.5789	-1.800	0.6416			
Over dominant									
C/C-T/T	14	0.7857	0.1547	0.0000			0.0042272	32.30	
C/T	6	0.0000	0.0000	-0.7857	-1.256	-0.3152			
log-Additive									
0,1,2				-0.6471	-1.006	-0.2882	0.0023699	31.08	

The dominant model is optimal with the lowest Akaike information criterion (AIC) value of 29.00. The log additive model p value of

0.0023699 indicates that there is a statistically significant difference between the genotypes. The linear regression also revealed an associ-

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ation between CYP2D6\*29(Pr(>/t/) = 0.0234) and other drug use over the past 30 days after adjusting for the other four SNPs as shown in Table 4.

**Table4.** Association of all SNPS with Other DrugUse in the Past 30 days

		CE	4	<b>D</b> (,  4
	Coefficie	SE	t	<b>Pr(&gt; t </b>
	nt		valu	)
			e	
(Intercept)	2.02378	1.5270	1.32	0.195
		8	5	1
rs2839949	-0.38618	0.6690	-	0.568
9		4	0.57	1
			7	
rs2837170	-0.17441	0.2943	-	0.557
6		0	0.59	9
			3	
rs594213	-1.05663	0.4424	-	0.023
88		8	2.38	4
			8	
rs1272162	-0.03398	0.6361	-	0.957
9		4	0.05	8
			3	

This association was even stronger when we analyzed females only (Pr(>/t/) = 0.00748) and is shown in Table 5.Figure 1 illustrates the increased average drug use associated with the C allele.

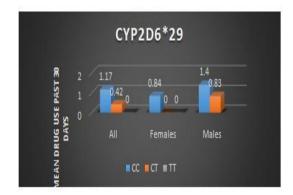


Figure 1. Correlation of rs59421388 with mean drug use in past 30 days by gender

The CYP2D6\*17(rs28371706) and CYP2D6\*29 (rs59421388) alleles both code for mis sense transition mutations that result in decreased enzymatic activity [21][22]. These alleles have also been shown to exhibit changes in substrate specificity, in metabolizingdebrisoquine and dextromethorphan significantly slower than codeine or metoprolol [23]. Slow or reduced drug metabolism has been hypothesized to predispose to tolerance, a posited precursor of dependence and addiction [8]. Although there are reports on the role of impaired drug metabolism in the development of addiction, there are limitations to this study. **Table5.** Association of All SNPs with Other DrugUse in the Past 30 days in Females

	Coefficie	SE	t	<b>Pr(&gt; t </b>
	nt		valu	)
			e	
(Intercept	2.4000	0.886	2.70	0.0190
)		3	8	3
rs283994	-0.7517	0.382	-	0.0732
99		9	1.96	0
			3	
rs283717	0.1034	0.178	0.58	0.5729
06		5	0	7
rs594213	0.9241	0.287	-	0.0074
88		8	3.21	8
			1	
rs127216	-0.2897	0.513	-	0.5831
29		5	0.56	0
			4	

The sample size is small with regards to the number of individuals who had tried other drugs (heroin, LSD, PCP, Ecstasy, etc.) (N= 61). The survey items in the instruments used to collect data on drug use did not differentiate opiates from other classes of drugs including LSD, MDMA, and PCP in assessing history of family and participant history of other drug use. For participants who responded affirmatively to the questions on other drug use who were referring to opioids, there was no data collected on the specific opiate of choice (e.g. codeine, dextro methorphan, fentanyl, heroine, or oxycodone). Given the complexity of the addiction phenotype, it is likely that there are a number of genetic factors contributing to the biology underlying opioid addiction. Variants in drug metabolizing enzymes, dopamine and opioid receptors, and reward pathway anomalies may all play a role.

#### 4. CONCLUSION

We found an association between the CYP2D6 \*17 and \*29 alleles and other drug use in our population. A larger study that specifi- cally identifies the drugs being used and obtains additional genetic data is needed to further explore these finding and validate the association. Additional study of these variants in an OUD population are needed to explore the relationship of these alleles to addiction.

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